

## FRESHLY PREPARED FOOD

(All food can be frozen)

Available for collection or delivery

**Please call Juliette 01379 652594**

Quiches - individual £2.00 or medium £3.40

Portobello mushrooms stuffed with ratatouille and cheese £3.00 (Vegetarian)

Romano peppers stuffed with ratatouille and cheese £3.00 (Vegetarian)

Spicy vegetable cakes £2.95 (Vegetarian)

Mediterranean vegetable lasagne £3.95 (Vegetarian)

Spinach & cheese slice £3.50 (Vegetarian)

Aubergine Parmigiana £3.50 (Vegetarian)

Jacket potatoes stuffed with cheese and chives £2.60 (Vegetarian)

Vegetarian Scotch Eggs £2.99

Fredricks Glamorgan rolls £2.50 (Vegetarian)

Fredricks red pepper, mushroom & herb rolls (vegan) £2.50

Fish cakes (salmon, smoked haddock & cod) £3.45

Scotch Eggs £2.99

Beef lasagne £4.35

Steak & kidney pies (individual) £4.35

Steak & Ale pies (individual) £4.35

Chicken, ham & mushroom pies (individual) £4.35

Fish pies (salmon, smoked haddock & cod) - individual £4.55

Chicken Tikka £4.80 per portion

Moroccan Lamb - slow cooked with apricots and coconut £5.00 per portion

Pork & chicken individual hand raised pies £2.95

Mini beef picnic pies £1.00

Fredricks pork, Apple & rosemary sausage rolls £2.50

Freshly made desserts and cakes

Wide range of cheeses cut to order

Pates cut to order

Hand cut local sugar glazed ham on the bone

Wide selection of jams, chutneys, cheese biscuits and fresh fruit and veg

Ice cream from Alburgh ice cream

Cured meats from Marsh Pig

Fruit and Vegetables

Wide selection of wines and spirits

Gabi's flowers in store and available to order

**FREE DELIVERY**

**WITHIN A 5 MILE RADIUS OF DISS ON ORDERS OVER £20.00**

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Please call Juliette 01379 652594

**PACK OF FIVE FROZEN SAUSAGE ROLLS £15.00**

Fredricks red pepper, mushroom & herb rolls (vegan)

Fredricks pork, Apple & rosemary sausage rolls